

- **Australian Human Rights Commission**
www.humanrights.gov.au
1300 656 419 or 02 9284 9888
- **1800 Respect**
www.1800respect.org.au
- **Sexual Assault Support Services**
www.humanrights.gov.au/our-work/sexdiscrimination/list-sexual-assault-services
- **MensLine Australia**
1300 789 978
- **Beyond Blue**
www.beyondblue.org.au
1300 224 636
- **Lifeline**
www.lifeline.org.au
13 11 14
- **ReachOut**
<https://au.reachout.com>

Support Lines - Australia

Mental Health Crisis Numbers

ROBERT WALTERS

NSW – Mental Health Line

1800 011 511

QLD Health – 13 43 25 84 (13 HEALTH)

SA – Mental Health Assessment and Crisis Intervention Service

13 14 65

VIC – SuicideLine

1300 651 251

WA – Mental Health Emergency Response Line

1300 555 788

ACT – Mental Health Triage Service

1800 629 354 or 02 6205 1065

TAS – Mental Health Services Helpline

1800 332 388